

# Amanda J. Minor

Salve Regina University  
162 Webster, Newport, RI 02840  
Phone: 401.341.3278  
Email: amada.minor@salve.edu

## CURRENT

### Assistant Professor

Salve Regina University  
Holistic Counseling Program

2013-Present

## EDUCATION

### Doctorate of Philosophy May 2012

Doctorate of Philosophy in Counselor Education and Counseling  
Majoring in Mental Health Counseling and Couples and Family Counseling  
Idaho State University (CACREP), Pocatello, Idaho  
Dissertation Title: *Understanding the CACREP On-site Visiting Review Team  
Chairperson Experience*

### Masters of Science in Educational Psychology May 2009

Major in Educational Psychology with an emphasis in Couples and Family Counseling  
and Community Counseling  
Southern Illinois University Carbondale, Illinois  
Masters Research Paper: *The Emotional Effects on Coping for Late Adolescents and  
Young Adults with Rheumatoid Related Chronic Physical Illness*

### Bachelor of Arts in Psychology May 2004

Major in Psychology with Minors in Speech Communication and Gender Studies  
McKendree University, Lebanon, Illinois  
Undergraduate Research Paper: *The Effects of Volunteering on Altruism, Self-esteem, and  
Positive Attitude*

## LICENSURE AND CERTIFICATION

Idaho Licensed Professional Counselor	#LPC-4530	July 2010-Present
National Certified Counselor (NCC)	#232793	August 2009-Present
National Provider Identifier (NPI)	# 1720366693	

## PAST POSITIONS

### Assistant Professor

Georgia Regents University (formerly Augusta State University) (CACREP)

2013

Clinical Mental Health Coordinator

Augusta State University

2012-2013

## TEACHING EXPERIENCE

### *Instructor*

- Internship and Seminar I, HLC 570 (3 credits)** Spring 2013  
Professor – Salve Regina University  
Create syllabus and organize class  
Facilitate discussion, supervision, and ethical discourse related to counselor-in-training counseling skills  
Conduct site visits  
Regular communication with site supervisors
- Toward Synthesis: On the Level of Mind/Emotions, HLC 509 (3 credits)** Spring 2013  
Professor—Salve Regina University  
Created masters level syllabus and organized class  
Facilitate class discussion, role-plays, and experiential activities amongst students  
Work with students to understand counseling theory
- Career Counseling, HLC 600 (3 credits)** Spring 2013  
Professor—Salve Regina University  
Created masters level syllabus and organized class  
Facilitate class discussion, role-plays, and experiential activities amongst students  
Work with students to understand career counseling theory
- Gender Issues in Counseling, COUN 6870 (3 credits)** Summer 2013  
**Gender Issues in Counseling, COUN 7870 (3 credits)**  
Professor – Georgia Regents University (formerly Augusta State University)  
Created masters level (CACREP) and EdS level syllabus and organized class  
Facilitate class discussion, role-plays, and experiential activities amongst MEd and EdS students  
Deliver lectures and presentations to MEd and EdS students  
Work with students to understand gender dynamics in the counseling profession
- Couple and Family Counseling, COUN 6700 (3 credits)** Summer 2013  
**Couple and Family Counseling, COUN 7700 (3 credits)**  
Professor – Georgia Regents University (formerly Augusta State University)  
Created masters level (CACREP) and EdS level syllabus and organized class  
Facilitate class discussion, role-plays, and experiential activities amongst MEd and EdS students  
Deliver lectures and presentations to MEd and EdS students  
Provide various levels of supervision of Reflecting Team Model

<p><b>Theories of Supervision, COUN 7960 (3 credits)</b> Professor – Georgia Regents University (formerly Augusta State University) Created doctoral level (CACREP) syllabus and organized class Facilitate class discussion, role-plays, and experiential activities amongst EdS students Organize schedule for MEd supervision Deliver lectures and presentations to EdS students Provide various levels of supervision of supervision</p>	Spring 2013
<p><b>Clinical Mental Health Practicum, COUN 6890 (3 credits)</b> Professor – Georgia Regents University (formerly Augusta State University) Create syllabus and organize class Facilitate discussion, supervision, and ethical discourse related to counselor-in-training counseling skills Conduct site visits Regular communication with site and EdS supervisors</p>	Spring 2013
<p><b>Treatment Planning in Clinical Mental Health Counseling, COUN 6760 (3 credits)</b> Professor – Georgia Regents University/Augusta State University Created syllabus and organized class Delivered lectures and presentations to master’s students Facilitated discussion, role-plays, and experiential activities amongst master’s students</p>	Spring 2013 Fall 2012
<p><b>Marriage and Family Counseling, COUN 6700 (3 credits)</b> Professor – Georgia Regents University (formerly Augusta State University) Created syllabus and organized class Delivered lectures and presentations to master’s students Facilitated discussion, role-plays, reflection teams, and activities amongst master’s students</p>	Fall 2012
<p><b>Diversity Sensitivity in Counseling, COUN 6760 (3 credits)</b> Professor – Augusta State University Created syllabus and organized class Organize weekly diversity panels Supervise social justice projects Delivered lectures and presentations to master’s students Facilitated discussion, role-plays, and experiential activities amongst master’s students</p>	Fall 2012

**Human Sexuality in Counseling, COUN 6659 (1 credit)** Summer 2011  
Instructor– Idaho State University  
Competed teaching practicum  
Delivered lectures and presentations to master’s students  
Facilitated discussion, role-plays, mock interviews, and activities amongst master’s students  
Implemented and utilized divers forms of materials in teaching such as music, group work, interviews, and adventure based counseling  
Created Syllabus and Lesson Plans  
Graded all assignments

**Career Decision Making (COUN 301)** Spring 2007  
Instructor – Southern Illinois University  
Co-developed course design for undergraduate students  
Facilitated various career-related discussions activities such as Super’s Life Roles Rainbow, resume writing, and mock interviews  
Graded all assignments

***Co-Instructor***

***Clinical Mental Health Courses***

**Substance Abuse, COUN 6630 (2 credits)** Spring 2012  
Teaching Assistant – Idaho State University  
Develop lectures and presentations for master’s students  
Facilitate discussion and activities amongst master’s students  
Assist instructor in course organization and grading

**Psychodiagnosis and Psychotropic Drugs, COUN 6644 (3 credits)** Fall 2011  
Teaching Assistant – Idaho State University  
Delivered lectures and presentations to master’s students  
Utilized, facilitated, and coordinated collaborative distance  
Facilitated discussion and activities amongst master’s students  
Assisted instructor in course organization and grading

**Issues in Mental Health Counseling, COUN 6691 (2 credits)** Spring 2011  
Teaching Assistant – Idaho State University  
Delivered lectures and presentations to master’s students  
Facilitated discussion and activities amongst master’s students  
Assisted instructor in course organization and grading

**Wellness and Prevention in Counseling, COUN 6692 (1 credits)** Spring 2011  
Teaching Assistant – Idaho State University  
Delivered lectures and presentations to master’s students  
Facilitated discussion and activities amongst master’s students  
Assisted instructor in course organization and grading

**Application of Counseling Techniques**, COUN 6628 (2 credits) Spring 2011  
Teaching Assistant – Idaho State University  
Facilitated discussion, role-plays, and activities amongst master’s students  
Assisted instructor in grading

**Conceptualizing Counseling Theory**, COUN 6627 (2 credits) Fall 2010  
Teaching Assistant – Idaho State University  
Delivered lectures and presentations to master’s students  
Facilitated discussion and activities amongst master’s students  
Assisted instructor in course organization and grading

***Couple and Family Courses***

**Marriage and Family Counseling**, COUN 6700 (3 credits) Fall 2012  
Professor – Augusta State University  
Created syllabus and organized class  
Delivered lectures and presentations to master’s students  
Facilitated discussion, role-plays, reflection teams, and activities amongst master’s students

**Family and Couples Practicum**, COUN 6669 (3 credits) Fall 2011  
Teaching Assistant – Idaho State University Fall 2010  
Facilitated couple and family theory based discussion amongst master’s students  
Lead live supervision with master’s level students  
Facilitated the reflecting team with master’s level process

**Theory of Couples Counseling**, COUN 6662 (2 credits) Spring 2011  
Teaching Assistant – Idaho State University  
Delivered lectures and presentations to master’s students  
Utilized, facilitated, and coordinated collaborative distance learning  
Facilitated discussion and activities amongst master’s students  
Assisted instructor in course organization and grading

**Theories of Family Counseling**, COUN 6660 (3 credits) Fall 2010  
Teaching Assistant – Idaho State University  
Delivered lectures and presentations to master’s students  
Facilitated discussion, role-plays, reflection teams, and activities amongst master’s students  
Assisted instructor in course organization and grading

**Family Assessment**, COUN 6664 (2 credits) Spring 2010  
Teaching Assistant – Idaho State University  
Delivered lectures and presentations to master’s students  
Facilitated discussion, role-plays, and activities amongst master’s students  
Assisted instructor in course organization and grading

**Parent Education, COUN 6663 (2 credits)** Spring 2010  
Teaching Assistant – Idaho State University  
Facilitated discussion and activities amongst master’s students  
Assisted instructor in course organization and grading

***Professional Orientation and Ethical Practices***

**Professional Orientation and Ethics, COUN 6621 (3 credits)** Fall 2011  
Teaching Assistant – Idaho State University  
Delivered lectures and presentations to master’s students  
Facilitated discussion and activities amongst master’s students  
Assisted instructor in course organization and grading

**Instructional Theory, COUN 7705 (3 credits)** Fall 2011  
Guest Lecturer – Idaho State University  
Facilitated discussion related to neophyte doctoral students teaching skills  
Review digital tape of doctoral students’ teaching  
Provide feedback for students related to chosen teaching style

***Human Growth and Development***

**Play Therapy, COUN 6659 (2 credits)** Summer 2011  
Teaching Assistant – Idaho State University  
Delivered lectures and presentations to master’s students  
Facilitated discussion, role-plays, and activities amongst master’s students  
Implemented and utilized diverse forms of materials in teaching such as  
music, poetry, group work, interviews, field trips, puppet play, and  
adventure based counseling  
Assisted instructor in course organization and grading

***Social and Cultural Diversity***

**Cultural Counseling, COUN 6624 (2 credits)** Spring 2011  
Teaching Assistant – Idaho State University  
Delivered lectures and presentations to master’s students  
Facilitated discussion, role-plays, and activities amongst master’s students  
Assisted instructor in course organization and grading

***Helping Relationships***

**Pre-practicum Counseling Techniques, COUN 6696 (3 credits)** Fall 2011  
Co-Supervise – Idaho State University Fall 2010  
Facilitate discussion Fall 2009  
Live supervision and feedback  
Co-facilitated group supervision of beginning master’s students

**Introduction to Counseling, COUN 6491 (1 credit)** Fall 2010  
Instructor– Idaho State University  
Co-develop course design and syllabus with other doctoral students  
Delivered lectures and presentations to undergraduate students  
Facilitated discussion, role-plays, and activities amongst students  
Graded all assignments

*Group*

**Small Group Experience, COUN 6671 (1 credit)** Fall 2010  
Facilitator – Idaho State University Fall 2009  
Pre-screened master’s students for small group experience  
Co-facilitated the master’s level small group experience

*Guest lecturer*

**Qualitative Methodology, COUN 7704, (2 credits)** Spring 2010  
Guest lecturer – Idaho State University  
Facilitated discussion related to qualitative research paradigms  
Discussed neophyte doctoral students original qualitative research project

**SUPERVISION EXPERIENCE**

**Practicum, COUN 6890** Spring 2013  
Instructor/Facilitator – Georgia Regents University (formerly Augusta State University)  
Provided group supervision and experiential learning activities for master’s level students in mental health counseling  
Communicate with on-site supervisors regarding student progress

**Internship, COUN 6699L** Spring 2012  
Site Supervisor –ISU Pocatello Counseling Clinic  
Provided individual supervision for master’s internship student

**Pre-practicum Counseling Techniques, COUN 6696** Fall 2011  
Individual Supervisor – Idaho State University Fall 2010  
Provide individual supervision to students as they practice counseling skills Fall 2009

**Internship, COUN 6699L** Fall 2011  
Individual Supervisor – Idaho State University Spring 2010  
Provided individual and triadic supervision for master’s internship students in mental health, couple and family, and school counseling

<b>Internship, COUN 6699L</b> Group Co-Facilitator – Idaho State University Provided group supervision to internship students in mental health, couple and family, school, and academic affairs counseling Communicate with on-site supervisors regarding student progress Co-facilitated group feedback as interns developed counseling theories, presented video of their counseling skills, and prepared for oral examinations	Fall 2011 Fall 2009
<b>Internship, COUN 6699L</b> Group Facilitator – Idaho State University Provided group supervision to internship students in mental health, couple and family, school, and academic affairs counseling Co-facilitated group feedback as interns developed counseling theories, presented video of their counseling skills, and prepared for oral examinations	Summer 2011
<b>Internship, COUN 6699L</b> Site Supervisor –Community Mental health Services Provided individual and triadic supervision for master’s internship student	Summer 2011
<b>Internship, COUN 6699L</b> Site Supervisor –Seasons of Hope Provided individual and triadic supervision for master’s internship student	Summer 2011
<b>Practicum, COUN 6699</b> Individual Supervisor – Idaho State University Provided individual supervision for master’s level students in mental health, couple and family, school, and academic affairs counseling Communicate with on-site supervisors regarding student progress	Spring 2011 Spring 2010
<b>Practicum, COUN 6699</b> Group Supervisor – Idaho State University Provided group supervision for master’s level students in mental health, couple and family, school, and academic affairs counseling Communicate with on-site supervisors regarding student progress	Spring 2010
<b>Practicum</b> Group Supervision – Southern Illinois University Provided group supervision for master’s level school counseling students	Spring 2009
<b>Practicum</b> Triadic Supervision – Southern Illinois University Provided triadic supervision for master’s level school counseling students	Spring 2009



## PUBLICATIONS, RESEARCH, AND GRANTS

### *Published Manuscripts*

- Minor, A. J.**, Pimpleton, A., Stinchfield, T., Stevens, H., & Othman, N. A. (2012). Peer support in negotiating multiple relationships within supervision among counselor education doctoral students. *The International Journal for the Advancement of Counselling*. DOI:10.1007/s10447-012-9161-9
- Minor, A. J.**, & Feit, S. (2012). *The experience of a CACREP on-site visiting team chairperson*. Published Dissertation, Idaho State University, Pocatello, ID.

### *Grants*

- Vereen, L., Hill, N., Michalak, M., Theimann, J., McClure, C., & **Minor, A.** (2011). *Launching the Idaho State University Institute for Counselor Training: Home of the Rocky Mountain Center for Play Therapy and Family Education and Counseling Center*. Awarded to Idaho State University's Department of Health Sciences. "DHS Fund Enhancement Award."

### *Re-Submitted Manuscripts*

- Minor, A. J.**, Moody, S., Tadlock-Marlo, R., Pender, R., Person, M. (2013). Bases loaded: Use of music in counselor cohort development. Manuscript submitted to *The Journal of Creativity in Mental Health*.

### *Manuscripts in Preparation*

- Moody, S., **Minor, A. J.**, Vereen, L. (2013). Doctoral student's experience in providing written narrative feedback. Research in progress.
- Minor, A. J.**, & Tadlock-Marlo, R. (2013). *Chronic invisible illness and group work*. Manuscript in progress, Georgia Regents University, Augusta, GA.
- Minor, A. J.**, & Tadlock-Marlo, R. (2009). *Group work with invisible chronic illness*. Unpublished Manual, Idaho State University, Pocatello, ID.
- Minor, A. J.** (2009). *The emotional effects on coping for late adolescents and young adults with rheumatoid related chronic physical illness*. Unpublished Manuscript, Southern Illinois University, Carbondale, IL.
- Minor, A. J.** (2008). *Pre-vocational Skills Training: An 8-week group manual*. Unpublished Manual, Perry County Counseling, Du Quoin, IL.
- Minor, A. J.** (2006). *Everyone has a story: A 12-week group manual for women who have beginning stage-one and stage-two breast cancer*. Unpublished Manual, Southern Illinois University, Carbondale, IL.

## PRESENTATIONS AND PROFESSIONAL DEVELOPMENT

### *National Presentations*

**Minor, A. J.** & Michalak, M. (2013). Obtaining a job in counselor education: What do I want and how do I get there? *Association of Counselor Education and Supervision Conference*. Denver, CO.

Anderson-Wiley, MJ, **Minor, A. J.**, & Wheat, L. (2013). Helping students understand (dis)ability: An experiential class activity. *Association of Counselor Education and Supervision Conference*. Denver, CO.

Wheat, L., **Minor, A. J.**, & Bunton, D. (2013). The L word: Loss in the life of individuals who are LGBTQ. *Association of Counselor Education and Supervision Conference*. Denver, CO.

**Minor, A.J.** & Feit, S. (2011). The experience of a CACREP on-site visiting team chairperson. *Association of Counselor Education and Supervision Conference*. Nashville, TN.

**Minor, A. J.**, Moody, S., Pender, R., Tadlock-Marlo, & Person, M. (2011). Bases loaded: Use of music in counselor cohort development. *Association of Counselor Education and Supervision Conference*. Nashville, TN.

Michalak, M., & **Minor, A. J.** (2011). Shaping leaders in scholarship: A shift from consumers to creators of research in counselor training. *Association of Counselor Education and Supervision Conference*. Nashville, TN.

**Minor, A. J.** (2009). A framework for helping clinicians aid families in dealing with invisible illness. *Association of Counselor Educators and Supervisor*. San Diego, CA.

**Minor, A. J.** (2008). Navigating life after the storm: Helping adolescents with chronic illness find their way after a medical crisis. *American Counseling Association Annual Conference*. Honolulu, HI

### *Regional Presentations*

**Minor, A.J.**, Deaner, R., Strever, A., & Cameron, S. (2013). Getting real: The effectiveness of using reality television for assessment and diagnosis in counseling. *South Carolina Counseling Association Conference*, Hilton Head, SC.

Anderson-Wiley, M.J., **Minor, A. J.**, and Wheat, L. (2013). Sensitizing counselors and educators to persons with varying abilities and physical challenges. *Cross-Cultural Issues in Counseling and Education Conference*, Savannah, GA.

- Minor, A. J., & Michalak, M. B.** (2012). How was I supposed to know?: A reflection of how Counselor Educators can better prepare doctoral students for the job search. *North Central Association of Counselor Educators and Supervisors Conference*, Kansas City, MO.
- Tadlock-Marlo, R. L. & **Minor, A. J.** (2012). Invisible not Imaginary. *North Central Association of Counselor Educators and Supervisors Conference*, Kansas City, MO.
- Wathen, C. C., **Minor, A. J.**, & Theimann, J. (2012). Gate-keeping and the 2016 CACREP Standards: A Context for Taking Action. *Southern Association for Counselor Educators and Supervisors Conference*, Savannah, SC.
- Minor, A. J., & Tadlock-Marlo, R.** (2010). Invisible not imaginary: Helping counselors and counselor educators see hidden illness. *Rocky Mountain Association of Counselor Educators and Supervisors Conference*. Jackson, WY.
- Harrawood, L., Tadlock-Marlo, R., Moody, S., **Minor, A. J.**, Pender, R., & Person, M. (2010). Transformative dialogue: A synergistic model of supervision. *Rocky Mountain Association of Counselor Educators and Supervisors Conference*. Jackson, WY.
- Stinchfield, T., **Minor, A. J.**, Manning, A., & Mack, C. Teaching Master's Level Counselor Supervisory Skills. *North Central Association of Counselor Educators and Supervisors Conference*. Schaumburg, IL.
- State and Local Presentations**
- Minor, A. J.,** Deaner, R., Strever, A, & Cameron, S. (accepted, 2013). Using reality television to help counselors-in-training conceptualize. *South Carolina Counseling Association Conference*, Hilton Head, SC.
- Hanks, B., **Minor, A. J., & Quinn, D.** (2012). Trauma focused cognitive behavioral therapy: An evidence-based theory and current trend in child sexual abuse treatment. *Idaho State Counseling Association Annual Conference*. Boise, ID.
- Syria, M., Thiemann, J., Michalak, M., & **Minor, A. J.** (2012). It's all relational: A revolutionary approach to client impasse. *Idaho Counseling Association Annual Conference*, Boise, ID.
- Minor, A. J., & Tadlock-Marlo, R.** (2011). Invisible not imaginary: Helping counselors see hidden illness. *Idaho Counseling Association Annual Conference*. Pocatello, ID.
- Mariska, M., Lewis, M., & **Minor, A. J.** (2010). Positive psychology in counseling: From theory to practice. *Idaho State Counseling Association Annual Conference*. Boise, ID.
- Minor, A. J., & Michalak, M.** (2011). Ethics related to child abuse. *Idaho State University*. Pocatello, ID.

**Minor, A. J., & Thiemann, J.** (2011). Ethics in family and couples counseling. *Idaho State University*. Pocatello, ID.

**Minor, A. J., & Tadlock-Marlo, R.** (2011). Helping young adults through invisible chronic illness. *Idaho State University Graduate Student Research Day*. Pocatello, ID.

**Minor, A. J., Michalak, M., & McClure, C.** (2010). Clinical supervision for counselors. *Idaho State University*. Pocatello, ID.

Tadlock-Marlo, R., & **Minor, A. J.** (2010). Ethical practices for counselors, social workers, and therapists. *Idaho State University*. Pocatello, ID.

**Minor, A. J.** (2009). Reconceptualizing wellness. *Idaho State University Wellness Symposium*. Pocatello, ID.

**Minor, A. J.** (2008). Navigating life after the storm: Helping adolescents with chronic illness find their way after a medical crisis. *Illinois Counseling Association Annual Conference*. Tinley Park, IL.

**Minor, A. J.** (2008). Helping couples and families understand childhood chronic illness. *Southern Illinois University*. Carbondale, IL.

### ***Other Professional Development***

#### **CACREP Self-Study**

January 2013-August 2013

Georgia Regents University

Work with colleagues to prepare self-study for Spring 2013 reaccreditation

#### **Program Creation**

May 2012-August 2013

Augusta State University/Georgia Regents University

Co-creation of Counseling EdS Program at Augusta State University

Develop various elements including: Student Learning Outcomes, assessments, syllabi, course descriptions, standards, manuals, recruitment tools, etc.

Align courses with Doctoral level CACREP Standards

Communicate with colleagues and university administration

Advisement/media campaign

#### **Developing an On-line Course**

August 2012-2013

Participant—Augusta State University/Georgia Regents University

Weekly workshop group on how to create and implement innovative and effective on-line teaching

**iPad Engage: Using the iPad in the Classroom**

August 2012-2013

Participant—Augusta State University/Georgia Regents University  
Weekly workshop group on how to better use technology in the classroom  
Complete weekly assignments  
Utilize and discover applications that can be used in higher education to enhance student learning

**SERVICE**

**Counselor Education Training Center--Director**

January 2013-August 2013

Georgia Regents University  
Re-open center for training practicum and internship students  
Creating and updating policy and procedure manual  
Provide Ethical training for student clinicians  
Organize and facilitate marketing/recruitment of clients  
Providing counseling for local military personal and their families

**Search Committee Work**

*Associate Dean Search Committee*

January 2013-June 2013

Georgia Regents University  
Review candidate applications  
Participate in phone and on-site interviews with candidates  
Attend candidate presentations

*Special Education Program Faculty Position*

October 2012-January 2013

Georgia Regents University/Augusta State University  
Counselor Education Committee Coordinator  
Review applications for Counseling Program  
Counseling program representative  
Facilitate/Participate in phone and on-site interviews  
Attend candidates' presentations  
Facilitate student evaluations of presentation

*Counseling Program Faculty Position*

October 2012-January 2013

Georgia Regents University/Augusta State University  
Counselor Education Committee Coordinator  
Review applications for Counseling Program  
Counseling program representative  
Prepare questions for candidates  
Facilitate/Participate in phone and on-site interviews  
Attend candidates' presentations  
Facilitate student evaluations of presentation

<i>Foundations Program Faculty Position</i> Georgia Regents University/Augusta State University Counselor Education Committee Coordinator Review applications for Counseling Program Counseling program representative Facilitate/Participate in phone and on-site interviews Attend candidates' presentations Facilitate student evaluations of presentation	October 2012-January 2013
<b><i>Marketing Campaign</i></b> Create various social media platforms for recruitment, retention, and alumni relations/contact Promote Georgia Regents University new emphasis on scholarship and research	January 2013-August 2013
<b>Counselor Education faculty meeting minute keeper</b>	January 2013-August 2013
<b>Evans High School Senior Project Judge</b> Evans, Georgia	April 2013
<b>ACES Proposal Reviewer</b>	February 2013
<b>Georgia Regents University Day of Service</b> Ronald McDonald House-Augusta, Georgia	February 8, 2013
<b><i>Team Member</i></b> ACES Research Grant Committee Member	June 2013-Present
ACA Ethics Committee Member (Student Representative)	July 2011-July 2012
CACREP On-Site Review Team (trained)	October 2010
AMCD Service Day Team member (ACA Conference) - Volunteered at a school in Pittsburg area	March 2010
ACA 1 <sup>st</sup> Place Ethics Team Competition Winner Southern Illinois University – Carbondale, IL	January 2007
<b><i>President</i></b> Chi Sigma Iota International - Delta Chapter	2008-2009
<b><i>President Elect</i></b> Chi Sigma Iota International - Delta Chapter	2007-2008

***Past President***

Chi Sigma Iota International Fall 2009  
- Delta Chapter

***Representative***

Chi Sigma Iota International  
- Marriage and Family Program Representative 2006-2007  
- Mentorship Chairman 2006-2007

**PROFESSIONAL EXPERIENCE OUTSIDE OF TEACHING**

**Counselor/Advocate** January 2010-August 2012

Bright Tomorrows Child Advocacy Center (CAC) – Pocatello, ID  
Community based outreach for survivors of sexual abuse  
Provide individual and family counseling for children, adolescents, adults,  
and families  
Provide coverage for the CAC Crisis phone  
Provide advocacy for caregivers during forensic interviews

**Graduate Assistant**

Idaho State University Counseling Department August 2009-May 2012  
Assist professors in various research projects and conference planning  
Provide supervision for Master's students  
Work as teaching assistant for various master's-level courses  
Hold office hours for students  
Participate in the interview process for incoming master's and doctoral students

**Counselor/Doctoral Coordinator**

Idaho State University Pocatello Counseling Clinic – Pocatello, ID June 2011-May 2012  
Produced program policy and procedures manual  
Facilitate training for ethical policies related to the clinic for master's students  
Provide counseling for couples and families  
Supervise Counselors-in-Training

**Counselor/Graduate Assistant**

Southern Illinois University Clinical Center – Carbondale, IL May 2008-May 2009  
Community based outreach and counseling for individuals,  
families, and couples  
Provide on-call weekly coverage of crisis phone  
Organize lists of training procedures  
Facilitate monthly file audits  
Send confidential reports and files to various agencies on behalf of  
the Clinical Center

**Counseling Intern**

Perry County Counseling, Du Quoin, IL May-December 2008

Counseled individuals with chronic mental illness  
Created and facilitated 8-week group manual on Pre-vocational Skills  
Co-facilitated childhood physical and sexual abuse counseling group  
Maintained current case notes  
Maintained current treatment planning

**Graduate Assistant/Academic Advisor**

August 2005-May 2008

Southern Illinois University Achieve Program – Carbondale, IL  
Supervised undergraduate students with learning disabilities  
Weekly meetings with students to discuss progress  
Performed academic diagnostic testing to determine appropriate academic services

- Woodcock-Johnson Psychoeducational Battery 3<sup>rd</sup> Edition
- Kaufman Test of Educational Achievement 2<sup>nd</sup> Edition
- Bader Reading Inventory
- The Wide Range Achievement Test 4<sup>th</sup> Edition
- The Slingerland High School Level Screening Test
- Test of Adolescent Language 3<sup>rd</sup> Edition
- Test of Written Language 3<sup>rd</sup> Edition
- Wisconsin Card Sorting Test 64-Card Version

Advocated on students behalf  
Communicated with parents, coworkers, and professors regarding student progress or difficulties  
Tutored and exam proctored in multiple subjects  
Identified academic strategies for students

***Additional Field Experience***

**Couples and Family Practicum**

Fall 2007  
Spring 2008

Southern Illinois University – Carbondale, IL  
Co-counseled couples and families  
Participated in a family reflection team as a counselor and a team member  
Maintained current case notes and treatment plans  
Communicated with couples and families outside of session

**Undergraduate Internship Experience**

Spring 2004

McKendree University, Kitty Klee Counseling Services – Lebanon, IL  
Lead child group counseling  
Co-facilitated experiential group activities  
Observation of private and family therapy

**Fast-ForWord Facilitator**

August 2004-May 2005

Language and Learning Center – Carbondale, IL  
Supervised learning disabled students who had issues with comprehension, sound discrimination, processing and decoding, and other learning obstacles



Operated computer and computer programs  
Communicated with each students speech-language therapist weekly  
Communicated with Fast-ForWord personnel regarding student progress  
Kept accurate records on all student progress

**Tutor and Social Skills Trainer**

August 2004-May 2005

Brehm Preparatory School – Carbondale, IL  
Worked with boys aged 13-16 with learning disabilities in a residential program  
Facilitated learning in writing, reading, mathematics, social skills, manners, hygiene, and cleanliness  
Supervised adolescents on outings into the community

**Teachers Aide**

August 2004-May 2005

Brehm Preparatory School – Carbondale, IL  
Helped supervise student in writing courses  
Helped teacher fulfill classroom duties including, revised papers, teaching class, and grading papers

**Second Chance Homeless Shelter Volunteer Coordinator**

August 2002-May 2004

Second Chance Homeless Shelter – East St. Louis, IL  
Coordinated twice weekly activities with 1-17 year old homeless youth  
Coordinated volunteer activities, transportation, background checks, records  
Communicated with shelter staff and college staff  
Facilitated discussion and processing for volunteers twice a week after experience  
Organized holiday parties for shelter youth and families  
Collected, solicited, and organized donations for Christmas party gifts for youth and families

**Trick or Treat for Canned Goods Coordinator**

October 2001-2004

McKendree University – Lebanon, IL  
Organized volunteers to collect canned good and deliver to food pantry

**HONORS**

**Chi Sigma Iota Leader of the Year (Couple and Family track)**

Spring 2009

Delta Chapter  
Southern Illinois University – Carbondale, IL

**American Association of University Women Graduate Scholarship**

January 2008

Southern Illinois University – Carbondale, IL

**American Red Cross Community Care Award Recipient**

2004

Nominated by Second Chance Homeless Shelter Staff – East St. Louis, IL

<b>Presidential Scholar</b> McKendree University – Lebanon, IL	August 2000-2004
<b>Community Service Scholar</b> McKendree University – Lebanon, IL	August 2000-2004
<b>Emerial Owen Psychology Scholarship</b> McKendree University – Lebanon, IL	August 2002-2004

## **AFFILIATION**

<b>American Counseling Association (ACA)</b>	Current
- Association of Counselor Education and Supervision	Current
- Association of Multicultural Counseling and Development	Current
- Association of Creativity in Counseling	Current
<b>North Atlantic Association of Counselor Education and Supervision</b>	Current
<b>American Mental Health Counselors Association (AMCHA)</b>	Current
<b>Chi Sigma Iota Counseling Academic and Professional Honor Society International</b>	Current
- Phi Omicron Chi Chapter	Current
- Delta Chapter	
<b>North Central Association of Counselor Education and Supervision</b>	Past
<b>Southern Association of Counselor Education and Supervision</b>	Past
<b>South Carolina Counseling Association (SCCA)</b>	Past
<b>Idaho Counseling Association (ICA)</b>	Past
- Idaho Association of Counselor Education and Supervision	Past
- Idaho Association of Mental Health Counselors	Past
- Idaho Association of Marriage and Family Counselors	Past
<b>Illinois Counseling Association</b> Couple and Family Counseling Division	Past
<b>Pi Gamma Mu Social Sciences Honor Society</b> McKendree University – Lebanon, IL	Past
<b>Alpha Phi Omega Service Fraternity</b> McKendree University – Lebanon, IL	Past

## CONFERENCES

- Association of Counselor Educators and Supervisors Conference, Colorado 2013
- South Carolina Counseling Association Conference 2013
- Cross-Cultural Issues in Counseling and Education Conference, Georgia 2013
- North Central Association of Counselor Educators and Supervisors Conference, Missouri 2012
- Southern Association of Counselor Educators and Supervisors Conference, Georgia 2012
- Virtual Counseling Conference (through ACA), Online 2012
- Art and Gender in Everyday Life IX Conference, Idaho 2012
- Idaho Counseling Association Annual Conference, Idaho 2012
- Association of Counselor Educators and Supervisors Conference, Tennessee 2011
- Governor's Task Force on Keeping Children Safe 10<sup>th</sup> Annual Conference, Idaho 2011
- Idaho Council on Domestic Violence and Victim Assistance Conference, Idaho 2011
- American Counseling Association Annual Conference, Louisiana 2011
- Idaho Counseling Association Annual Conference, Idaho 2011
- Rocky Mountain Association for Counselor Education and Supervision Conference, Montana 2010
- American Counseling Association Annual Conference, Pennsylvania 2010
- Idaho Counseling Association Annual Conference, Idaho 2010
- Association of Counselor Education and Supervision, California 2009
- Wellness Symposium, Idaho State University 2009
- Illinois Counseling Association Annual Conference, Illinois 2008
- North Central Association of Counselor Educators and Supervisors, Indiana 2008
- American Counseling Association Annual Conference, Hawaii 2008
- American Counseling Association Annual Conference, Michigan 2007

## ADDITIONAL TRAINING

- DSM-5 Webinar training series through the ACA July-August 2013
- Bibliotherapy: Using Movies, TV Shows, and Music in Counseling to Facilitate Client Change April 2013
- Developing an on-line course August 2012-May 2013
- iPad Engage: Using the iPad in the Classroom August 2012-December 2013
- Yoga Instruction Certificate 2012
- Becoming a Pro in Second Life Training December 2011
- Using New Media in Counselor Training October 2011
- Art Therapy Workshop July 2011
- Trauma Focused Cognitive Behavioral Therapy Online Training January 2011
- CACREP Team Member Training October 2010
- Reiki Level II Training July 2010
- HIPPA Training January 2006-August 2009
- Reiki Level 1 Training January 2009

- CPR Training March 2008-March 2009
- Psych-K Training November 2008
- Emotional Focused Therapy Training Workshop August 2008
- 2008 ACA Annual Conference March 2008  
Couples, Marriage, and Family Counseling Academy
- Critical Incident Stress Management: Group Crisis Intervention July 2006