



Graduate Certificates in Holistic Studies



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"Are you interested in a unique educational experience? Try one of our innovative graduate level certificate programs designed for counselors and leaders who value the integration of body, mind, and spirit and who are called to work for individual, social, organizational and global change."

About Salve Regina

Salve Regina University is an independent, coeducational institution serving approximately 2,500 men and women from 35 states and 16 nations. Its 80-acre oceanfront campus is in the Ochre Point historic district of Newport, Rhode Island, and includes 48 new and adapted buildings. The University is accredited by the New England Association of Schools and Colleges (NEASC).



About the Programs

The holistic graduate programs in counseling and leadership are designed to prepare professional counselors and leadership specialists with a holistic approach to their work. Consonant with the mission of the University, the holistic graduate programs seek to help students learn and understand how to observe, evaluate, and incorporate the integration of body, mind and spirit into their personal and professional lives.

The holistic graduate certificate programs are created for those who seek professional development and growth in a variety of topics. Certificate of Graduate Studies (CGS) programs in holistic studies include Substance Abuse Foundations in Holistic Studies, Holistic Leadership, Professional Applications of the Expressive and Creative Arts, Holistic Studies and Holistic Leadership and Change Management. Certificates of Advanced Graduate Studies (CAGS) programs in holistic studies include Mental Health, Substance Abuse and Treatment and Holistic Leadership.

Courses are taught at our Newport, R.I. campus.

CGS: Substance Abuse Foundations in Holistic Studies

Curriculum (12 credits required)

Required courses:

- HLC504:** Foundations of Counseling and Leadership Theory from a Holistic Perspective
- HLC505:** Interpersonal Helping Skills
- HLC523:** Foundations of Substance Abuse
- HLC524:** Identification of Special Population Needs within the Context of Substance Abuse.

CGS: Holistic Leadership

Curriculum (12 credits required)

Required courses:

- HLC520:** Leading Holistically
- HLC522:** Creative Intervention Skills I
- HLC523:** Creative Intervention Skills II
- HLC527:** Leading System Change and Transformation

Prerequisites:

- HLC504:** Foundations of Counseling and Leadership Theory from a Holistic Perspective; and
- HLL519:** Introduction to Holistic Leadership Perspectives

Graduate Certificates in Holistic Programs

The Certificate of Graduate Studies

(CGS) is designed for those students who wish to pursue graduate study and may not be interested in obtaining a master's degree. It may be earned by students with baccalaureate degrees or master's degrees from accredited institutions. Students are required to successfully complete all courses with a cumulative grade point average of 3.0 or higher to earn the certificate. Should a student desire to continue beyond the certificate by entering the master's program, he or she should contact the Office of Graduate Admissions. If the student is accepted, the required courses already completed may be applied to the master's degree consistent with University policy.

The Certificate of Advanced Graduate Studies

(CAGS) is designed for those students who have completed a master's degree from an accredited institution and who are seeking advanced knowledge within their field of study. Students must consult with the graduate program director in advance of pursuing this certificate regarding the appropriate program for their career interests

To apply to the CGS or CAGS program:

The following materials must be submitted to the Office of Graduate Admissions:

- Completed application form
- Official transcripts from all degree-granting institutions attended
- Two letters of recommendation from a person able to evaluate the candidate's academic potential

Courses are offered on campus in Newport, R.I.

CGS: Holistic Studies

Curriculum (12 credits required)

HLC504: Foundations of Counseling and Leadership Theory from a Holistic Perspective

Elective courses:

3 courses (9 credits) from holistic graduate program offerings with program director's approval.

CGS: Holistic Leadership and Change Management

Curriculum (12 credits required)

HLL519: Introduction to Holistic Leadership Perspectives

One of the following:

HLC505: Interpersonal Helping Skills

HLC516: Group Process or HLL520: Leading Holistically

Two of the following:

MGT534: Global Quality Management:

ISO 9001, MGT555: Organizational Development or

MGT567: Creative Problem-Solving

CAGS: Clinical Mental Health

Curriculum (12 credits required)

HLC600: Career Counseling

HLC601: Cross-Cultural Issues in Counseling

HLC608: Advanced Internship Seminar I

HLC609: Advanced Internship Seminar II

Candidates for licensing as Mental Health Counselors will need to complete additional requirements prior to sitting for the licensure examination. Regulations and further details are outlined by the state in which candidates wish to become licensed.

CAGS: Substance Abuse and Treatment

Curriculum (12 credits required)

HLC620: Theory and Overview of Substance Abuse Treatment

HLC621: Ethics and Confidentiality in Substance Abuse Treatment

HLC622: Neuroscience of Chemical Dependency

HLC623: Substance Abuse Treatment

Prerequisites

MA in mental health counseling or equivalent master's degree in health care or other behavioral degree programs from an accredited institution; HLC509, HLC515, and HLC516 or the equivalent courses from an accredited institution; additional prerequisites may be required depending upon the applicant's academic and/or professional background.

CAGS: Holistic Leadership

Curriculum (12 credits required)

HLL520: Leading Holistically

HLL522: Creative Intervention Skills I

HLL523: Creative Intervention Skills II

HLL527: Leading System Change and Transformation

Prerequisites

HLL519: Introduction to Holistic Leadership Perspectives

*Additional courses may be required on all programs at program director's discretion.



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