



Expressive and Creative Arts



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Many students are drawn to our expressive & creative arts program for the enriching professional development opportunities & creative skill-building that it offers. Once students actually begin the courses, they find themselves growing on a personal level as well. It's more than an academic learning – it's about transforming lives through the arts. The students get a first-hand experience on how that happens – in a holistic and innovative way, and that gift lasts for a lifetime."



About the Program

"Changing the world, one person at a time, through the arts."

The expressive and creative arts training program seeks to empower individuals and groups towards positive transformation, through the arts and creative expression. The program utilizes a multi-modal approach to integrate the visual arts with movement, sound, expressive theater arts and expressive writing. These courses blend hands-on experiential work with the theories, research and applications of the expressive and creative arts to the fields of counseling, therapy, education, healthcare, community organizing, or any profession in which personal expression and creative development are essential. Courses are offered in a highly effective hybrid format, where students come together for intensive experiential weekends, then continue with guided independent study and practice time.

A 15-credit Certificate of Advanced Graduate Study (CAGS) in the expressive and creative arts is available for students who have graduated or will graduate from Salve's master's programs in holistic counseling, rehabilitation counseling and holistic leadership, or in related master's programs from another institution. Students with a bachelor's degree who wish to learn how to apply the expressive and creative arts to their chosen field may complete the 15-credit certificate program in the expressive arts as a Certificate of Graduate Studies (CGS)

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About Salve Regina University

Salve is an independent, coeducational institution serving approximately 2,700 undergraduate and graduate students from across the U.S. and around the world. Its 80-acre oceanfront campus is in the Ochre Point historic district of Newport, Rhode Island, and includes 48 new and adapted buildings. The University is accredited by the New England Association of Schools and Colleges (NEASC).

Admissions Requirements

Salve Regina University evaluates the total application package. Individuals with a bachelor's degree in any undergraduate major from a regionally accredited college or university (or an equivalent degree from an accredited institution outside of the United States) are qualified to apply.

To apply to this program, students must submit the following supporting materials to the Office of Graduate Admissions:

- Completed graduate application
- Official transcripts from each college or university attended
- Personal statement
- Two professional letters of recommendation
- Resume

Courses are offered on campus in Newport, R.I.

Curriculum

The program curriculum provides a multi-modal approach to studying and practicing the expressive & creative arts.

Students who wish to enter the CGS or CAGS program will first complete the prerequisites in the Expressive Arts introductory courses, or attend the Expressive Arts Institute's foundation training: a summertime three-weekend, non-credit educational training course in the professional applications of the expressive and creative arts.

Introductory / Foundation Courses – 3 Courses (Total 6 Credits)

HLC535: Introduction to Expressive Sound	1 credit
HLC582: Introduction to Expressive and Creative Arts as Transformation	3 credits
HLC584: Movement, Creativity and Consciousness: An Introduction	2 credits

The Non-Credit Prerequisite Option:

Expressive Arts Institute's non-credit foundation summer course.

Students pursuing the CGS or CAGS:

Enroll in the 5 certificate-level courses. (15 credits).

Students pursuing the M.A. + CAGS:



May also co-enroll in the holistic counseling, holistic leadership, or other master's level programs, and add the 15-credit CAGS in expressive arts to the M.A. courses to create a combined training path, integrating the expressive arts with the work in counseling or another field of study.

Required Courses:

HLC604: Self Discovery through the Expressive and Creative Arts	3 credits
HLC610: Expressive Theater Arts and Movement: A Multi-Modal Approach to Creativity and Transformation	3 credits
HLC611: Group Applications of the Expressive and Creative Arts	3 credits
HLC613: Expressive Writing for Personal Growth and Transformation.	3 credits
HLC615: Utilizing Expressive Sound and Music for Creativity and Healing	3 credits

Admission to the expressive and creative arts program is competitive. Students who successfully complete the Expressive Arts Institute in lieu of the three prerequisite courses must have a satisfactory recommendation from all faculty members in the institute.



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