



# Certificate of Advanced Graduate Studies in Clinical Mental Health: Concentration in Holistic Counseling



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## **Class Format**

In person

## **Application Deadline**

Rolling



The Certificate of Advanced Graduate Studies (CAGS) in Clinical Mental Health: Concentration in Holistic Counseling is a post-master's certificate that provides additional courses and clinical experience. Thus, counselors have the academic credits needed to sign up for the Mental Health Counseling Licensure exam in Rhode Island and other states. The courses provide counselors with a holistic and systemic approach to frame their future mental health work. The program seeks to help students learn and understand how to observe, assess, and incorporate the integration of body, mind, and spirit into their professional and personal lives. We integrate elements of the Five Critical Concerns for Mercy into our training, including racism, issues impacting women, immigration, the earth, and violence. Students learn to see clients in a multifaceted, holistic way through understanding various systemic and cultural experiences.

To earn this certificate, students complete courses in holistic counseling that match licensure needs and their academic history, along with up to 700 hours of clinical counseling work in the field. Some students will need more than 12-credits to complete their certificate to meet state-specific academic requirements for licensure as a mental health counselor. It is recommended that students explore licensure requirements as a mental health counselors in the state where they intend to practice. Upon acceptance, individual degree plans are created based on students' past coursework and academic needs. Following successful completion of the program, the Rhode Island Board of Mental Health Counselors and Marriage and Family Therapists requires a candidate to complete two years (2,000 hours) of relevant mental health counseling experience in the workplace with 100 hours of clinical supervision from a board-approved supervisor prior to taking the LMHC Examination.

## Graduate Certificate in Clinical Mental Health: Concentration in Holistic Counseling

**The Certificate of Advanced Graduate Studies (CAGS)** is designed for those students who have completed a master's degree from an accredited institution and who are seeking advanced knowledge within their field of study. Students must consult with the graduate program director before pursuing this certificate regarding the appropriate program for their career interests.

To apply to this program, students must submit the following supporting materials to the Office of Graduate Admissions:

- Completed application
- Official transcripts from each college or university attended
- Two professional letters of recommendation
- Personal statement
- Resume

### About Salve Regina University

Salve Regina is an independent coeducational institution. Since our founding by the Sisters of Mercy in 1947, we have grown to a community of more than 2,700 undergraduate and graduate students who proudly carry forward our mission of responsible citizenship and public service in their personal and professional lives. Salve Regina is fully accredited by the New England Commission of Higher Education (NECHE).

### CAGS: Clinical Mental Health: Concentration in Holistic Counseling

**Curriculum** (12 credits)

**HLC 590: Internship Seminar I**

**HLC 591: Internship Seminar II**

Six additional credits to be determined by program director.

Candidates for licensing as Mental Health Counselors may need to complete additional requirements prior to sitting for the licensure examination. Regulations and further details are outlined by the state in which candidates wish to become licensed.



**Salve Regina University**

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